Transforming TRAUMA:
How to do this work and not completely lose our minds

For many front line workers, professionals, caregivers and community members our days are often filled with witnessing trauma and suffering, we misplace caring for self while we care for others. Laura van Dernoot Lipsky will offer a compelling mix of personal insight, cutting edge research, and humor to help us understand the cumulative toll of exposure to suffering (trauma) over time and gain skills to reconcile it.

WHEN:  Wednesday, October 28, 2015
TIME:    8:30am - 3:30pm
WHERE:   Langley Events Centre
          7888 200 Street. Langley, BC
REGISTRATION: $100.00pp
https://transformingtrauma.eventbrite.ca
Registration includes lunch, break refreshments & snacks

CLOSING DATE:  October 2nd, 2015

OPEN TO PROFESSIONALS & CAREGIVERS:
For example; IDP/SCDP/AIDP/ASCDP; School District; MCFD; Community Services; CYMH; Transition homes; Women’s resource programs; Police; Fire; RCMP; Universities; Medical Professionals and many more.

PRESENTER:  LAURA VAN DERNOOT LIPSKY
Laura has worked directly with trauma survivors for 27 years and is the founder/director of the Trauma Stewardship Institute, which is committed to raising awareness and responding to the cumulative toll on those who are exposed to suffering, hardship, crisis, or trauma of humans, living beings, or the planet itself. Laura is a published author of Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others.

TESTIMONIALS
Helping survivors of trauma is about both what we do and how we do it. Laura makes an important contribution to how we do it by keeping us honest and inspired so that we always give our best effort.
Lucy Berliner, Harborview Center for Sexual Assault and Traumatic Stress

Laura has a unique way of presenting difficult material. I know .... that people in law enforcement generally don’t see themselves as needing help and shy away from things that may be too touchy-feely. Laura is able to present about the cumulative toll of being exposed to overwhelm in a way that results in even the toughest naysayers viewing things differently.
Colonel D. Campbell, NY State Police