

# Why do kids struggle?

## Introducing the **Self-Regulation Framework**



**Does your child throw temper tantrums?  
Do they struggle with transitions?  
Do they get distracted easily?  
Are they unable to control their emotions?**

This session will introduce you to important self-regulation tools to help you and your child 0-6 years old, whether you are a parent/guardian or childcare professional.

This is the first of four sessions that will build on another. Participants can attend all sessions or any individual sessions.

Presented by Mike McKay, Director of Canadian Self-Regulation Initiative

**Thursday, September 28, 2017 6:30pm-8:30pm**

**Abbotsford Arts Centre, Banquet Hall (Abby Arts Addition)  
2329 Crescent Way, Abbotsford**

This event is free! Register at <https://parentevening1.eventbrite.ca>  
For more information call 778-880-8554 or visit [www.abbyearlyyears.com](http://www.abbyearlyyears.com)

### **Who should come?**

Parents, teachers, early childhood educators, childcare providers

### **Save the Dates for these upcoming sessions:**

Thursday, October 19, 2017, 6:30pm-8:30pm  
Thursday, December 7, 2017, 6:30pm-8:30pm  
Thursday, January 18, 2018, 6:30pm-8:30pm