

# ***Introduction to the Self-Regulation Framework for Professionals***



**Presented by Mike McKay,  
Director of Canadian  
Self-Regulation Initiative**

*Participants who attend this introductory session can apply to become part of an interactive learning opportunity with Mike. These sessions will further develop your knowledge and support you in the implementation of self-regulation strategies into your everyday practice.*

*This session will focus on social emotional health and self-regulation for children 0-6 years old. Mike will discuss the 7 essential Self-Regulation Capacities in this introductory session.*

**Thursday, September 21, 2017 8:30 am-12:00 pm**

This event is free! Register at Eventbrite: <https://srfprof1.eventbrite.ca>

**Garden Park Tower, Azalea Room**

**2825 Clearbrook Road, Abbotsford**

**Park in the underground parkade, NW side of building**

**For more information call 778-880-8554 or visit [www.abbyearlyyears.com](http://www.abbyearlyyears.com)**

## **Who should come?**

Early childhood educators  
Teachers  
Childcare providers

*For those interested in the follow-up learning sessions, funding is available for individuals who will require support to cover your position at your place of employment (this includes preschools and childcare providers).*

*You must be willing to commit to attend all sessions:*

- Thursday, October 12, 2017, 8:30am-12:00pm
- Thursday, November 30, 8:30am-12:00pm
- Thursday, January 11, 2018, 8:30am-12:00pm

*Locations to be determined.*

