

# Positive Relationships (Pre-K)

empathy

eye contact

behaviors

manners

interactions

empathy



**Does your child generally use words such as please, thank you & excuse me (without being asked)?**

- May I please have a snack?
- Excuse me I need to \_\_\_\_.
- Thank you for the cookie.

**Does your child ask for help when necessary? (meets physical needs in a social appropriate way)**

- Please help me with my zipper.
- Can you tie my shoe, please?
- Excuse me, I need to go to the bathroom.

**Does your child interact appropriately with adults and is able to follow rules at home and community environments?**

- Child does what they are asked such as: cleaning up, lining up, completing tasks, following directions
- Child requests permission such as: asking for snack, asking to watch television

## ACTIVITIES

...to encourage social emotional learning:

- Stop, pay attention and get down to your child's level and gain eye contact.
- Show genuine interest in the information your child is sharing with you.
- Take some time and observe how your child communicates such as pointing, hand gestures, touching, sign language, communication devices or talking.
- Encourage empathy towards others.
- Be aware of the behaviours your child is using to communicate their wants and needs.
- Model behavior using manners during mealtimes, in the community etc, for example "Please pass me the ketchup".
- Model desirable behaviours with others, for example, waiting patiently for your turn in the line up at the grocery store.
- Read books to teach manners and to encourage independence with daily living skills such as using the washroom, eating at the table, being in a family.

