



# WELCOME TO Parent-Child Mother Goose Program



play

sing

explore

create

share

## WHO IS IT FOR ?

Parents and children, birth to five years.  
Parent participation is required.  
Siblings and friends welcome. This program is  
Free and open to all families, whether or not  
they are involved with the FVDC.



## WHAT IS IT ABOUT?

- Over the 6 weeks we will learn songs, rhymes and stories that can become part of your tool box to calm, teach and connect with your child
- Learn ways to encourage language and social/emotional development
- Meet virtually as a group and have fun.
- Current email is required to register. Ability to login to ZOOM

**WHERE:** Zoom Online— meeting (from your home)  
Zoom invites will be send out weekly via email.

**WHEN:** Tuesdays from March 9—April 13, 2021  
9:30am—10:15am

**REGISTER:** Call or E-mail by March 1 to register  
(spaces limited)  
Phone: (604) 852-2686, ext 2251  
e-mail: [meustace@fvcdc.org](mailto:meustace@fvcdc.org)

