

Fine Motor & Visual Learning (PRE-K)

draw eat dress colour build fun adapt draw eat dress colour build

Does your child use both hands to manipulate objects?

- Holds paper while cutting with scissors
- Putting lego together
- Opens zipper type bags
- Attempts to tie shoe laces

Does your child hold scissors correctly? *Using three finger grasp (tri-pod grasp) and makes cuts, for example:*

- Straight lines
- Curved lines
- Simple shapes

Does your child attempt to copy simple and complex shapes and letters? *Using different writing mediums, for example:*

- Draws figures that represent something
- Attempts to print name
- Uses chalk or magnetic letters
- Attempts letters



ACTIVITIES

...to encourage fine motor learning:

- Provide puzzles that insert pieces and are interlocking
- Use side walk chalk to draw, colour and outline
- Practice cutting, gluing and drawing with your child
- Help your child draw pictures and write notes to loved ones
- Playing simple card games, such as Go fish or Memory
- Beading and lacing activities, such as bracelets, necklaces
- Cutting strips of paper to make a paper chain
- Snipping straws and placing colours together
- Building towers with blocks
- Wind up toys
- Finger games and songs
- Use a clothes peg to transfer small items (pasta, coins, beads) from one bowl to the next



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